



**FITTING INSTRUCTIONS FOR FI0087BK UPPER FRAME INSERT  
HONDA VFR 800 2014- (LEFT HAND SIDE ONLY)**



**Please note that the way the kit is packed does not necessarily represent the way of mounting to the bike**

Please note that in cases where kits are packed with rubber washers holding the components onto the bolt – *the rubber washers should be thrown away!*

**LEFT HAND SIDE**

- Fit button head bolt through frame insert so head sits in counter-bore.
- Place special nut on exposed end of bolt so tapered face goes into the tapered slot.
- Tighten bolt until tapered portion of nut just contacts tapered face of plastic frame insert.
- Place the assembly into spindle in position shown above with recess horizontal as shown above.
- Tighten bolt so frame insert is held in position firmly (do not over tighten).
- Place bubble sticker as shown above.
- Regularly check to ensure frame insert remains tight.

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**INSTRUCTIONS DE MONTAGE POUR FI0087BK INSERT DE CADRE  
SUPERIEUR  
HONDA VFR 800 2014- (COTE GAUCHE UNIQUEMENT)**



**La façon dont le kit est emballé ne correspond pas forcément à la façon de monter les pièces sur la moto.**

Notez que si les kits sont emballés avec des rondelles en caoutchouc servant à tenir les composants, *ces rondelles doivent être jetées.*

**Coté gauche :**

- Passer le boulon à travers l'insert de cadre de façon à ce que sa tête aille dans le contre alésage.
- Placer un écrou spécial sur l'extrémité du boulon pour que la face conique aille dans la fente conique.
- Serrer le boulon jusqu'à ce que la portion conique de l'écrou rentre en contact avec la face conique de l'insert de cadre en plastic.
- Placer l'ensemble dans l'axe en position comme ci dessus avec le creux horizontal.
- Serrer le boulon pour que l'insert de cadre soit maintenu en position correctement (ne pas trop bloquer).
- Placer le sticker de caoutchouc comme ci-dessus.
- Vérifier régulièrement que l'insert de cadre soit correctement serré.

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